



Marking Milestones in Tennessee

A year into [IMPACT Care's](#) work with TennCare Community Health Worker (CHW) Infrastructure grantees, funded under the [TN Health Starts initiative](#), we're thrilled to celebrate some major milestones accomplished.

From job creation to the number of Tennesseans served to expected cost savings for the state's overall healthcare system, evidenced-based CHW programs are moving the needle in the Volunteer State.

By the Numbers



Created more than **50 local jobs** across Tennessee



Served more than **2,000 Tennesseans**

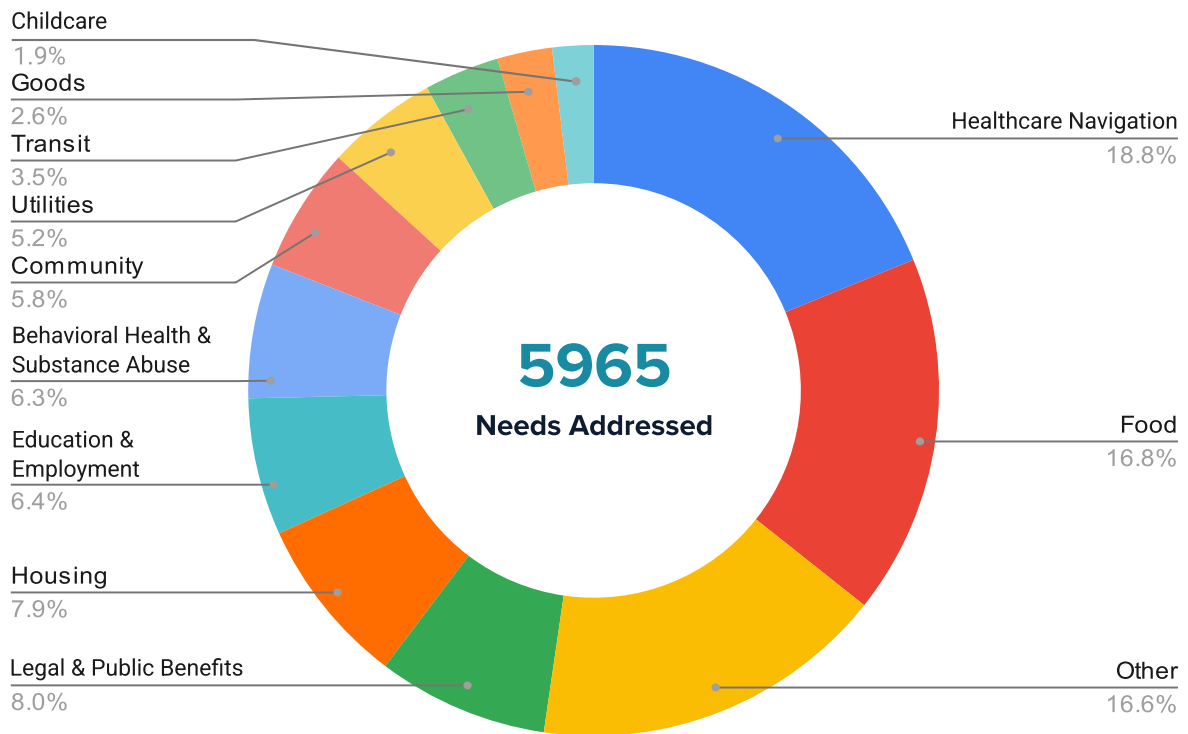


Completed over **18,000 visits** with community members

CHWs are trustworthy people who come from within the communities they serve. They get to know their patients as people and provide holistic, tailored support to address the root causes of poor health. In the first year of the program, grantees working with IMPACT created more than 50 local jobs across the state, from rural communities to larger urban areas of Memphis and Nashville. This grassroots community health workforce has served more than 2,000 Tennesseans through more than 18,000 visits with people in clinics and in their communities.



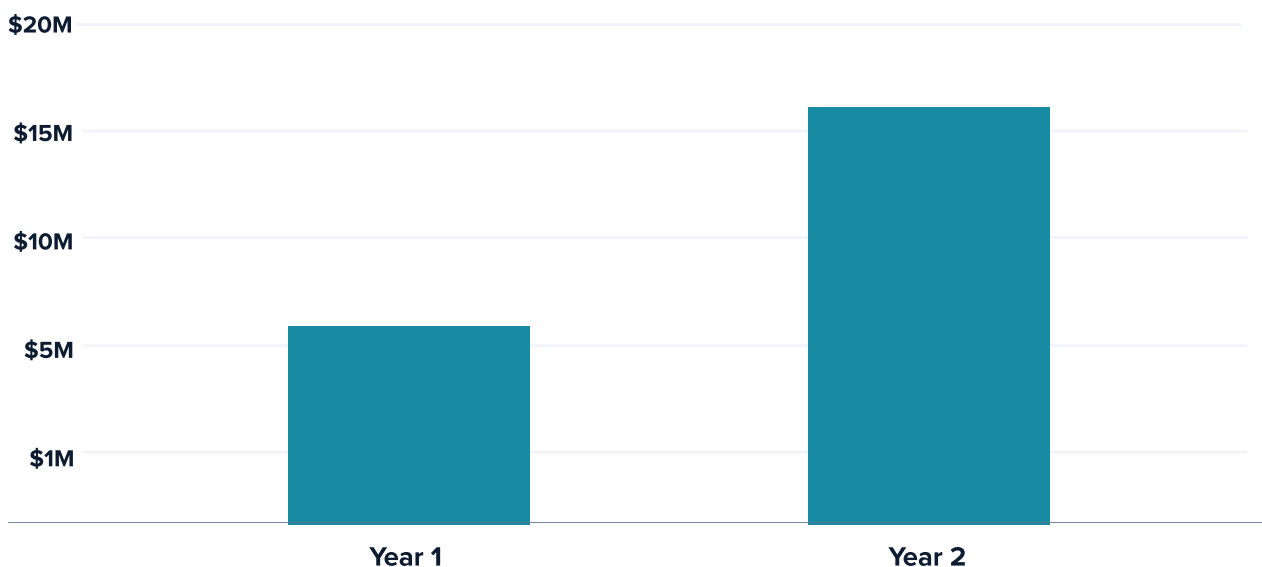
CHW Support Provided to Tennesseans in Year 1



CHWs in Tennessee provided support for more than 5,000 needs ranging from navigating the healthcare system, access to nutritious food, housing and utility support.

Cost Savings

Projected Net Savings to TN's Healthcare System from Reduced Hospitalizations



*Based on IMPaCT Care's randomized controlled trial data



Structured CHW interventions improve patient outcomes and generate a return on investment to the healthcare system. Based on IMPaCT Randomized Controlled Trial data, we project the work in Tennessee to save more than \$5M in hospitalization costs over the first year of this program. When we look across the state's landscape for the next 12 months, including Tennessee Charitable Care Network sites and new additions to TennCare's CHW Infrastructure grants, we project at least \$15M in savings associated with avoided hospital stays.

Behind the Numbers

- Tennessee's own [Ballad Health's](#) CHW program was part of a [PCORI study](#) that demonstrated a 29% reduction in hospital days for people who received the IMPaCT CHW intervention relative to matched controls.
- A CHW with [Siloam Health](#) connected with a woman struggling with uncontrolled diabetes, anxiety, depression, and obesity on a spiritual and cultural level to help shift her mindset on the healthcare system. By accompanying her to appointments, translating the doctor's recommendations, aiding with organizing her medications and helping set an exercise plan, the CHW supported the woman's success in getting her diabetes and other health issues under control, and feeling better overall.
- A [Mental Health Cooperative](#) CHW in Memphis made an impact on a mom of three suffering from postpartum depression who had been hospitalized due to suicidal ideation by relating as a fellow mom to help her get treatment for depression and anxiety, making a difference in her ability to care for her children.

And we are just getting started. A new slate of seven 2024 grantee organizations are already hard at work helping us reach more Tennesseans. We can't wait to see what the next year brings for improved health outcomes in Tennessee.

About IMPaCT Care

IMPaCT Care is a public benefit corporation that helps health organizations to unlock the power of the grassroots Community Health Workforce. IMPaCT Care provides managed services and cloud-based technology for hiring, training and managing Community Health Workers at enterprise scale.

IMPaCT is the only Community Health Worker model with randomized controlled trial-proven benefits in cost, health and patient satisfaction— \$2,500 saved per patient in year 1, improved mental health, 66% of hospital days compared with matched controls, 94% net promoter score. IMPaCT is the most widely used CHW model in the country, used by over 50 organizations across 20 states.